

GLOBAL VISIONS COACHING

Inspiring courage to define your destiny... at work and play



2012 VISIONS WORKSHOP:

the year of something magical...

What life do you want to create in 2012?

As you say goodbye to 2011, know you are blessed to be given another year of magical moments and life changing experiences. Whether the year for you has been a wonderful one, or one that you're happy to put aside, either way, know that in 2012 you have the opportunity to manifest transformation, starting with yourself.

In this workshop, you will:

- Review the past year & acknowledge what you are proud of
- Look at How Your Life is Now
- Use guided imagery to get in touch with your magnificent self
- Design your bigger game in 2012 & clarify steps
- Build sustainable techniques for mindful & conscious living

If you want more clarity and focus in 2012, then you will truly benefit from this workshop!

Presented by Nidhi Gupta, CPCC, Certified Professional Life Coach

"It takes committment and persistence to developing a meaningful life all year long"

Date: Sunday Jan. 22, 2012

Time: 10.00 am - 2.00 pm

Cost: \$50 (inc. hst) *

Bring a friend, and you each pay \$45 (inc. hst)

* Registry includes a 45 minute complimentary, transformational coaching session with Nidhi Gupta

**Where: 509 Beecroft Road, Toronto, M2N 0A3 (apt. bldg)
Party Room, Ground Floor, Street & Underground Parking
Yonge and Finch, Finch Subway**

**To register, email <mailto:nidhi@globalvisionscoaching.com>?
or call 416.830.5285**

Save \$5.00

Bring a friend to the workshop and you each save \$5.00 on the cost.
Quote promo code PRJa52 for your discount.

Offer Expires: Jan 21, 2012

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Global Visions Coaching is a tranformational Coaching practice, working with individuals, entrepreneurs and teams in organizations. We specialize in areas of future self visualizations, inner child work, Imago work, shadow selves, guided imagery and conduct highly experiential workshop & training sessions in the workplace.

Nidhi Gupta is a certified Life & Business Coach, with advanced training in Relationship work. Her work with clients is extensive, and she works worldwide in person or via telephone-skype.

For a complimentary 45 minute transformational coaching session, please contact me, Nidhi Gupta, at nidhi@globalvisionscoaching.com

Link to the Global Visions Coaching website here: [website link](#)