

CREATING YOUR FUTURE

The 2014 Goals E Course



Crafting Your 2014 Goals: Online Coaching Course

**It's the beginning of the New Year,
and you are ready to set goals!**

Most of us want a life filled with purpose, passion, inspiring visions, and uplifting goals. However, we don't know how or where to begin. Visions, dreams, resolutions and change, can feel like an uphill task, and yet it doesn't need to be that way.

This e-course will allow you to:

- Acknowledge what you are proud of in 2013
- Take a snapshot of your current life situation & what you want to change
 - Design your bigger game (in career/health/life/relationships)
 - Write out your 2014 Vision Statement
 - Set 6 SMART goals
- Create measurable, actionable milestones with actionable follow up steps
- Have accountability by working with a coach after the e-course

Have a visual reference guide to keep you on track with your goals, milestones and vision statement
Approach life with more awareness, energy and magnificence to manifest your dreams

This e-course is for you if you:

- Are ready to shift from where you are now to where you want to be
 - Want more clarity, focus and determination in your life
 - Want to create smart, actionable and achievable goals in 2014
- Don't know where to start in making a change in the current status of your life
 - Feel stuck
- Want a life filled with purpose, passion, inspiring visions and uplifting goals
 - Have time to dedicate to your life and to fulfilling your dreams
- Would benefit from coaching support in manifesting what you truly desire

The 2014 Goals E-Course - \$30, includes:

- Weekly journal assignments for deeper insight and clarity
 - Craft your personal affirmations tree
 - Audio guided future-self visualisation
- Follow up coaching call via phone/skype for one hour (\$75 value) valid till March 31, 2014

To Register for: The 2014 Goals E-Course runs from Jan to end of Feb, 2014.
Register at any time during these months. Please register on our website,
<http://www.globalvisionscoaching.com/calendar.html> or call Nidhi at 416.830.528